

Provisional Programme

- 9:30 – 10:00** Registration and Coffee
- 10:00 – 10:10** Chairman's Introduction
Ms Marilyn Jackson
- 10:10 – 10:40** Horizon Scanning
Jane-Claire Judson
Director, Diabetes UK
Scotland
- 10:45 – 11:30** Workshop 1
- 11:30 – 11:50** Tea/Coffee Break
- 11:55 – 12:40** Workshop 2
- 12:40 – 13:30** Lunch
- 13:35 – 14:05** Hot topics in diabetes
Mary Scott, Diabetes
MCN Manager and panel
- 14:10 – 14:55** Workshop 3
- 15:00 – 15:40** Bariatric Surgery: It's role in diabetes
Mister Bruce Tulloh
MS, FRACS, FRSCed
General, Laparoscopic
and Upper GI Surgeon
- 15:40 - 15:50** Closing Remarks
Mr Bruce Knight

Registration

Deadline for registration
27th October 2010

- The cost of the day is £10, non-refundable. Payable by cheque or cash
- Faxed registration forms will be accepted, payment pending, payment must be received before the date of the conference
- Workshops will be allocated on a first come, first served basis
- Please let us know if you have registered but find you are unable to attend so we can re-allocate your place
- Confirmation of your place will be posted to you upon receipt of payment.

Please return the registration form to:

Diabetes MCN Office
Metabolic Unit
Western General Hospital
Edinburgh, EH4 2XU

Would you like to know more about the Lothian Diabetes Representative Group? We meet regularly to discuss diabetes patient care and how it can be improved. Contact 0131 357 3257.



The Lothian Diabetes
Representative Group presents the
annual

Patient and Carer Diabetes Education and Information Day

30th October 2010

**Edinburgh Napier
University Craiglockhart
Campus**

**Workshops, speakers,
questions answered, Diabetes
UK and local information
services**

**For information:
0131 537 3257**

Workshop Choices

Workshop 1 - 10:45	Workshop 2 - 11:55	Workshop 3 - 14:10
<p>Patient Access to online records A new Scottish pilot programme to allow patients access to their diabetes record</p>	<p>What Does This Tablet Do? The actions and interactions of tablets commonly used in diabetes</p>	<p>What Does This Tablet Do? The actions and interactions of tablets commonly used in diabetes</p>
<p>Managing your weight A workshop looking at all the factors involved in managing a healthy weight including exercise, lifestyle and food choices</p>	<p>Eyes Retinopathy, screening and general eye health in people with diabetes</p>	<p>Diet and Diabetes Looking at the foods that you can eat to help keep you well with diabetes and what to look out for when you're shopping</p>
<p>Dealing with Depression Exploring how to keep mentally well when living with a long-term condition</p>	<p>Information on Insulin Pumps This is a relatively new form of therapy for type 1 diabetes. This session will look at the issues around pump therapy</p>	<p>Metabolic Syndrome Metabolic syndrome is a combination of medical disorders that increase the risk of developing cardiovascular disease in both Type 1 and Type 2 diabetes.</p>
<p>Driving and Diabetes There are new regulations from the DVLA which will affect people with diabetes. This workshop will help you find out what you need to know</p>	<p>Managing Insulin Exploring the issues around managing insulin for both Type 1 and Type 2 diabetes</p>	<p>Diabetic Foot Health How to take care of your feet and where to go for help</p>
<p>What's New in Type 2? The newest treatments in Type 2 diabetes and what's coming in the future</p>	<p>What's New in Type 2? The newest treatments in Type 2 diabetes and what's coming in the future</p>	<p>Hypoglycaemia and preventing emergencies What to do for yourself or someone else when faced with a hypo</p>

Diabetes Patient and Carer Conference 30th October 2010

REGISTRATION FORM

Title: _____ First Name: _____

Surname: _____

Address: _____

Town: _____ postcode: _____

Tel: _____

email: _____

Please choose one workshop selection from each of the columns and list below

1 – 10:45	
2 – 11:55	
3 – 14:10	

Cheques made out to NHS Lothian

Are you? (Optional. Please tick)

Type 1 Type 2 Carer

Where did you hear about this conference?
